

CENTER
OF THE
UNIVERSE
NETWORK CARE



DR. BRIAN T. LUMB

CHIROPRACTOR PRACTICING:

**Network Spinal
Analysis**

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Statement of Network Spinal Analysis (NSA) Objective and Consent for Network Care

The purpose of this statement of objective is to help you better understand the nature of the services offered in this office and the mutual responsibilities between the Practitioners and you, the Practice Member. This understanding fosters a more effective relationship and avoids misunderstandings regarding expectations. Having well understood expectations is anticipated to promote a greater sense of safety and healing.

By reading and signing this form, you are requesting and consenting to receiving spinal care, including wellness education, in this office by a chiropractor who provides Network Spinal Analysis (NSA) Care, a low force approach which has unique outcomes and clinical results. Brian T. Lumb, D.C. chooses to practice NSA, as he is professionally and personally confident in regard to the safety and effectiveness of this form of Care.

This office provides Care in accordance with the *Council on Chiropractic Practice Guidelines* and the *Canon of Ethics of the Association for Network Care*. Dr. Brian has been trained in traditional chiropractic care and certified in the procedures of Network Spinal Analysis Care.

NSA does not attempt to manually, or by instrument, manipulate spinal fixations structurally (often associated with a snapping or popping sound), nor does it directly treat painful areas of the spine and body. **Instead, by enhancing your body's awareness of itself and specifically your spine, you can develop new strategies for healing, adapting to stress, and experiencing wellness. These strategies promote spontaneous self-correction and self-regulation of spinal tension patterns.**

NSA consists of gentle touch contacts along the neck and back to achieve greater communication between the brain and body and to develop new sensory and motor strategies. NSA adopts an approach associated with somatic (mind/spinal awareness) training. There is a body of research characterizing NSA Care and documenting its unique and significant wellness benefits. Copies of published research articles and abstracts are available in this office.

You will be receiving gentle touch Network adjustments, also called entrainments. Assessments of your progress will include monitoring of your spine and body awareness and your responsiveness to inner rhythms, tension, and ease patterns. At regular intervals, following commencement of Care, re-assessments will be performed. These will include your personal perception of your wellness and your awareness of your spine and body-mind changes. Dr. Brian will report to you the improvement in your spine and nerve system integrity and your ability to self-regulate tension and to re-organize your spine.

NSA is advanced through a series of Levels of Care. Each Level of Care involves the development of new and unique spontaneous spinal wave motions, other body movements, and oscillations. These waves, which are suggested to be associated with greater spinal stability, the re-distribution of energy, and the transfer of internal information are also associated with greater wellness, improved quality of life, and increased life enjoyment.

"Every point in the web of life is at the center."

~Brian Swimme, PhD.

Please Read and Sign the Following:

It has been explained to my satisfaction, and I understand that the Care offered here at Center of the Universe Network Care is not a form of, or a replacement for, the diagnosis or treatment of any symptom, disease, or malady. Instead, it is a form of wellness care and self-education that empowers my connection with my body-mind and develops new strategies for spinal and nerve system integrity and wellness. It develops new capacities in my body for the identification of, spontaneous release of, and redirection of tension, including those that are unique to NSA Care.

It is common for people receiving NSA Care to breathe more deeply and more fully, to engage the spine with their respiration, to spontaneously adapt postures that release or redistribute tension, to bust stress, and to experience more of their inner life energy.

I understand it is common to experience a wider range of motion and emotion during Care. It is common, as Care progresses, to find new options in the body and in life, which often lead to significant life changes. **This form of Care is NOT suggested for those individuals who wish to remove a symptom or condition *without* the occurrence of other fundamental changes in their lives. The Care in this office often promotes significant changes in health choices, lifestyle, experience of the body-mind, emotion, and consciousness.**

Rather than attempting to simply return me to my previous state minus a symptom, my Network Practitioner chooses to help me achieve new levels of wellness and life potential that I may never have had before.

I have read, or have had read to me, this Statement of Network Spinal Analysis (NSA) Objective and Consent for Network Care and understand that the Care in this office is different from what many consumers may expect from chiropractors practicing manipulative therapy. I agree to receive Care, which includes NSA Care and wellness education. I understand that I am not passive in this process, but that I am an active participant in my Care and my healing.

SIGNATURE OF PRACTICE MEMBER

DATE

PRINTED NAME OF PRACTICE MEMBER